

# TENNIS COACHING

## Adult & Junior Private Lessons

**Head Coach - Steve Bell LTA CCA Performance Coach**

**Fees: £32 1hr £25 45mins £18 30mins**

**Coach - Mark Wilkins LTA Level II Coach**

**Fees: £25 1hr £20 45mins £15 30mins**

### Lesson Content

**Technical - Develop specific strokes**

**Tactical - Improve your matchplay**

**Drills - Great for fitness & working on game situations**

### Also Available

**Video Analysis (£50) - See your game close up and in slow motion**

**Personalised Coaching Programme (£60) - What to work on and when**

### Tennis Equipment

**All the latest from the major brands.. Rackets/Shoes/Clothing**

**Demos Available - try before you buy**

### Racket Re-stringing

**Service available for all racket sports. An electronic machine will accurately calibrate tension**

**Bookings please contact Steve**

**sbelltland@hotmail.com or 07740 859588**



**15%  
off  
Block  
Booking  
5+ lessons**